

AUBERGINES WITH MINCED MEAT AND BÉCHAMEL CREAM (PAPOUTSAKI)

INGREDIENTS

Aubergines, full fat cow MILK, frozen beef minced meat, water, sunflower oil, 70% type flour (soft WHEAT flour, amylase, E300, E330), frozen diced onion, tomato pulp (crushed tomatoes, tomato juice, acidity regulator: citric acid), liquid pasteurized whole EGG, grated KEFALOTYRI – hard CHEESE (pasteurized cow MILK, salt, lactic acid culture, rennet), tomato paste, extra virgin olive oil, grated WHEAT rusk (WHEAT flour, salt, yeast), salt, parsley, garlic, sugar, nutmeg, black ground pepper, laurel leaves.



RETAIL TRAY
HO.RE.CA TRAY

ALLERGENS STATEMENT

The product contains: MILK, GLUTEN, EGG.

The product may contain traces of: SOY, SESAME, MUSTARD, CELERY, NUTS WITH OUTER SHELL.



Preparation and heating instructions

For heating purposes pierce the plastic film in 4 spots and heat in a standard oven or microwave.

Following the heating time remove the plastic film.

Temperature of the product should be at least 75°C/167°F throughout. The product is consumed warm at a temperature of 60°C/140°F.



Standard oven

170°C
HEATING TIME

25'-30'



Microwave oven

750watt
HEATING TIME

3'-4'

NUTRITION INFO PER 100g

ENERGY	FAT	of which SATURATES	CARBOHYDRATES	of which SUGARS	PROTEINS	SALT
722kj 174kcal	13.2g	3.0g	7.7g	2.9g	5.1g	0.99g
9*	19*	15*	3*	3*	10*	17*

«% adult RI per 100g RI = Reference intake of an average adult (8400kj/2000 kcal)»



SCAN ME

