

INGREDIENTS

Aubergines, full fat cow MILK, frozen beef minced meat, water, sunflower oil, WHEAT flour, frozen diced onion, tomato pulp (crushed tomatoes, tomato juice, acidity regulator: citric acid), liquid pasteurized whole EGG, grated KEFALOTYRI – hard CHEESE (pasteurized cow MILK, salt, lactic acid culture, rennet), tomato paste, extra virgin olive oil, grated WHEAT rusk (WHEAT flour, salt, yeast), salt, parsley, garlic, sugar, nutmeg, black ground pepper, laurel leaves.

ALLERGENS STATEMENT

The product contains: MILK, GLUTEN, EGG.

The product may contain traces of: SOY, SESAME, MUSTARD, CELERY, NUTS.

Allergens are marked in bold.











HO.RE.CA TRAY (2000g / 70.548 Oz) ALSO AVAILABLE IN RETAIL TRAY (330g / 11.64 Oz)



preparation instructions

Take the container out of the deep freeze. Remove the paper sleeve and plastic film (HORECA). Pierce the plastic film in 4 spot. (RETAIL)

HO.RE.CA TRAY



standard oven

190°C/374°F HEATING TIME





microwave

oven

1800watt HEATING TIME



RETAIL TRAY



190°C/374°F HEATING TIME

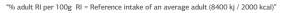




1000watt



NUTRITION INFO PER 100g of which SATURATES CARBOHYDRATES SUGARS FΔT FIBRE PROTEINS SODIUM SALT **722**kl **13.2**g **3.0**g **7.7**g **2.9**g **2.1**mg **5.1**g **396**mg **0.99**g 174kcal 19* 15* 3* 16*





Times are indicative and may vary depending on the oven used, temperature of the food should be at least 75°C/167°F throughout.

At the end of the heating time, remove the plastic film (for RETAIL). Allow the product to stand for at 2-3 minutes before serving.

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The product after reheating is kept warm at a temperature of over 60°C/140°F.

AFTER THE INITIAL REHEATING DO NOT REHEAT