## BEEF IN TOMATO SAUCE WITH GREEN PEAS

Frozen beef meat, frozen green peas, water, frozen diced onion, tomato pulp (crushed tomatoes, tomato juice, acidity regulator: citric acid), extra virgin olive oil, tomato paste, frozen diced carrots, dill, salt, sugar, garlic, black ground pepper, laurel leaves.

Preparation and heating instructions For heating purposes pierce the plastic film in 4 spots and heat in a standard oven or microwave. Following the heating time remove the plastic film. Temperature of the product should be at least 75°C/167°F throughout. The product is consumed warm at a temperature of 60°C/140°F.

Standard oven
170°C HEATING TIME
Microwave oven
750watt HEATING TIME

RETAIL TRAY HO.RE.CA TRAY

## NUTRITION INFO PER 100g

<mark>ENERGY</mark> 554kJ 133kcal	FAT 8.0g	of which SATURATES 2.7g	CARBOHYDRATES 2.0g	of which SUGARS 1.6g	PROTEINS 12.0g	SALT 0.80g
7*	11*	13*	1*	2*	24*	13*

«% adult RI per 100g RI = Reference intake of an average adult (8400kj/2000 kcal)»







SCAN ME