

INGREDIENTS

Frozen beef meat, water, frozen diced onion, tomato pulp (crushed tomatoes, tomato juice, acidity regulator: citric acid), tomato paste, extra virgin olive oil, salt, sugar, garlic, black ground pepper, laurel leaves.













HO.RE.CA TRAY (2000g / 70.548 Oz) ALSO AVAILABLE IN RETAIL TRAY



preparation instructions

Take the container out of the deep freeze. Pierce the plastic film in 4 spot.

HO.RE.CA TRAY



standard oven

190°C/374°F HEATING TIME







1800watt



RETAIL TRAY



190°C/374°F HEATING TIME





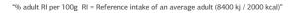
microwave oven

1000watt



NUTRITION INFO PER 100g

ENERGY 535kJ 128kcal	FAT 5.8 g		CARBOHYDRATES 2.7 g		FIBRE 0.8g	PROTEINS 15.9g		SALT 0.90
6*	8*	8*	1*	2*	_	32*	_	15*





Times are indicative and may vary depending on the oven used, temperature of the food should be at least $75^{\circ}C/167^{\circ}F$ throughout.

At the end of the heating time, remove the plastic film. The product after reheating is kept warm at a temperature of over 60° C/ 140° F.

AFTER THE INITIAL REHEATING DO NOT REHEAT