

# CHICKEN FILLET IN MUSTARD SAUCE WITH RICE

## INGREDIENTS

Chicken fillet in mustard sauce: frozen chicken breast fillet, extra virgin olive oil, mustard (water, **MUSTARD SEEDS**, vinegar, sugar, salt, natural coloring: curcumin, stabilizer: xanthan gum, aromatic compounds), natural lemon juice, corn flour, salt, black ground pepper, oregano. Boiled rice: water, rice, frozen vegetables mix (green peas, carrots, green beans, flambe peppers, corn), extra virgin olive oil, mustard (water, **MUSTARD SEEDS**, vinegar, sugar, salt, natural coloring: curcumin, stabilizers: xanthan gum, aromatic compounds), salt, black ground pepper, laurel leaves.



RETAIL TRAY  
HO.RE.CA TRAY

## ALLERGENS STATEMENT

The product contains: **MUSTARD**.

### Preparation and heating instructions

For heating purposes pierce the plastic film in **4 spots** and heat in a standard oven or microwave. Following the heating time remove the plastic film. Temperature of the product should be at least 75°C/167°F throughout. The product is consumed warm at a temperature of 60°C/140°F.



Standard  
oven

**170°C**  
HEATING  
TIME

**25'-30'**



Microwave  
oven

**750watt**  
HEATING  
TIME

**3'-4'**

### NUTRITION INFO PER 100g

ENERGY	FAT	of which SATURATES	CARBOHYDRATES	of which SUGARS	PROTEINS	SALT
668kj 159kcal	5.8g	0.9g	14.3g	<0.5g	11.9g	0.73g
7*	8*	4*	5*	<1*	24*	12*

\*% adult RI per 100g RI = Reference intake of an average adult (8400kj/2000 kcal)



SCAN ME

