

CHICKPEAS SOUP

INGREDIENTS

Water, chickpeas, frozen diced onion, extra virgin olive oil, **MUSTARD** (water, **MUSTARD SEEDS**, vinegar, sugar, salt, natural coloring: curcumin, stabilizers: xanthan gum, aromatic compounds) natural lemon juice, garlic, salt, corn starch, dill, black ground pepper, laurel leaves.



RETAIL TRAY
HO.RE.CA TRAY

ALLERGENS STATEMENT

The product contains: **MUSTARD**.



Preparation and heating instructions

For heating purposes pierce the plastic film in **4 spots** and heat in a standard oven or microwave. Following the heating time remove the plastic film.

Temperature of the product should be at least **75°C/167°F** throughout. The product is consumed warm at a temperature of **60°C/140°F**.



Standard oven

170°C
HEATING TIME

25'-30'



Microwave oven

750watt
HEATING TIME

3'-4'

NUTRITION INFO PER 100g

ENERGY	FAT	of which SATURATES	CARBOHYDRATES	of which SUGARS	PROTEINS	SALT
589kj 141kcal	7.9g	1.1g	11.7g	1.5g	4.3g	1.01g
7*	11*	6*	5*	2*	9*	17*

«% adult RI per 100g RI = Reference intake of an average adult (8400kj/2000 kcal)»



SERVING SUGGESTION

SCAN ME

