

GABBAGE WITH RICE

INGREDIENTS

Cabbage, water, frozen diced onion, tomato pulp (crushed tomatoes, tomato juice, acidity regulator: citric acid), rice, extra virgin olive oil, salt, sugar, black ground pepper, parsley.



RETAIL TRAY
HO.RE.CA TRAY



Preparation and heating instructions

For heating purposes pierce the plastic film in 4 spots and heat in a standard oven or microwave. Following the heating time remove the plastic film. Temperature of the product should be at least 75°C/167°F throughout. The product is consumed warm at a temperature of 60°C/140°F.



Standard oven

170°C
HEATING TIME

25'-30'



Microwave oven

750watt
HEATING TIME

3'-4'

NUTRITION INFO PER 100g

ENERGY	FAT	of which SATURATES	CARBOHYDRATES	of which SUGARS	PROTEINS	SALT
413kj 99kcal	3.5g	0.5g	13.3g	8.2g	1.8g	0.92g
5*	5*	3*	5*	9*	4*	15*

*% adult RI per 100g RI = Reference intake of an average adult (8400kj/2000 kcal)



SERVING SUGGESTION

SCAN ME

