GREEN PEAS

INGREDIENTS

Frozen green peas, water, extra virgin olive oil, frozen diced onion, frozen diced carrots, tomato pulp (crushed tomatoes, tomato juice, acidity regulator: citric acid), tomato paste, dill, salt, garlic, sugar, black ground pepper.

RETAIL TRAY HO.RE.CA TRAY



For heating purposes pierce the plastic film in **4 spots** and heat in a standard oven or microwave. Following the heating time remove the plastic film. Temperature of the product should be at least $75^{\circ}C16^{7}F$ throughout. The product is consumed warm at a temperature of $60^{\circ}C/140^{\circ}F$.

Stand oven	lard
170° C HEATING TIME	25'-30
Micro oven	owave
750 watt	
HEATING TIME	3'-4'

NUTRITION INFO PER 100g

ENERGY 391kJ 94kcal	FAT 6.8g	of which SATURATES 2.8 g	CARBOHYDRATES 3.5 g	of which SUGARS 3.1 g	PROTEINS 3.1g	SALT 0.67g
5*	10*	14*	1*	3*	6*	11*

«% adult RI per 100g RI = Reference intake of an average adult (8400kj/2000 kcal)»





