MOUSSAKA WITH FETA CHEESE

INGREDIENTS

Minced meat sauce: frozen beef minced meat, water, tomato pulp (crushed tomatoes, tomato juice, acidity regulator: citric acid), frozen diced onion, tomato paste, extra virgin olive oil, feta CHEESE PDO (pasteurized sheep and goat MILK, salt, lactic acid culture, rennet), salt, parsley, garlic, sugar, black ground pepper, nutmeg, laurel leaves. Béchamel crème: full fat cow MILK, 70% type flour (soft WHEAT flour, amylase, E300, E330), sunflower oil, pasteurized whole EGG, salt, nutmeg, black ground pepper. Aubergines: aubergines, sunflower oil. Potatoes: potatoes, sunflower oil. Coating: grated KEFALOTYRI – hard CHEESE (pasteurized cow MILK, salt, lactic culture, rennet).

ALLERGENS STATEMENT

The product contains: MILK, GLUTEN, EGG.



Preparation and heating instructions

For heating purposes pierce the plastic film in 4 spots and heat in a standard oven or microwave. Following the heating time remove the plastic film.

Temperature of the product should be at least 75°C/167°F throughout. The product is consumed warm at a temperature of 60°C/140°F.



Standard

170°C HEATING TIME



RETAIL TRAY HO.RE.CA TRAY



Microwave

750watt

TIME



NUTRITION INFO PER 100g

ENERGY 793kJ 191kcal	FAT 13.0 g	of which SATURATES 3.0 g	CARBOHYDRATES 11.3g	of which SUGARS 3.6 g	PROTEINS 6.3g	SALT 0.93 g
9*	19*	15*	4*	4*	13*	15*

«% adult RI per 100g RI = Reference intake of an average adult (8400kj/2000 kcal)»



