

OCTOPUS STEW

INGREDIENTS

Frozen baby onions, frozen OCTAPUS, (OCTAPUS, water, acidity regulator: sodium citrate), tomato pulp (crushed tomatoes, tomato juice, acidity regulator: citric acid), frozen diced onions, extra virgin olive oil, tomato paste, salt, corn flour, dill, sugar, garlic, black ground pepper, laurel leaves.



RETAIL TRAY
HO.RE.CA TRAY

ALLERGENS STATEMENT

The product contains: **MOLLUSKS.**

The product may contain traces of: **FISH, CRUSTACEANS.**



Preparation and heating instructions

For heating purposes pierce the plastic film in **4 spots** and heat in a standard oven or microwave. Following the heating time remove the plastic film. Temperature of the product should be at least 75°C/167°F throughout. The product is consumed warm at a temperature of 60°C/140°F.



Standard oven

170°C
HEATING TIME

25'-30'



Microwave oven

750watt
HEATING TIME

3'-4'

NUTRITION INFO PER 100g

ENERGY	FAT	of which SATURATES	CARBOHYDRATES	of which SUGARS	PROTEINS	SALT
242kj 58kcal	2.5g	0.4g	3.5g	1.0g	4.9g	1.50g

3* 4* 2* 1* 1* 10* 25*

*% adult RI per 100g RI = Reference intake of an average adult (8400kj/2000 kcal)»



SCAN ME

