

PASTITSIO

INGREDIENTS

Minced meat sauce: frozen minced beef meat, frozen diced onion, pasteurized whole EGG, tomato pulp (crushed tomatoes, tomato juice, acidity regulator: citric acid), extra virgin olive oil, feta CHEESE PDO (pasteurized sheep and goat MILK, salt, lactic culture, rennet), grated KEFALOTYRI – hard CHEESE (pasteurized cow MILK, salt, lactic culture, rennet), tomato paste, water, salt, sugar, garlic, parsley, nutmeg, black ground pepper, laurel leaves. Béchamel crème: full fat cow MILK, 70% type flour (soft WHEAT flour, amylase, E300, E330), sunflower oil, pasteurized whole EGG, salt, nutmeg, black ground pepper. Pasta: water, thick macaroni (durum WHEAT semolina, water), sunflower oil, salt. Coating: grated KEFALOTYRI – hard CHEESE (pasteurized cow MILK, salt, lactic culture, rennet).



RETAIL TRAY
HO.RE.CA TRAY

ALLERGENS STATEMENT

The product contains: MILK, GLUTEN, EGG



Preparation and heating instructions

For heating purposes pierce the plastic film in 4 spots and heat in a standard oven or microwave.

Following the heating time remove the plastic film.

Temperature of the product should be at least 75°C/167°F throughout. The product is consumed warm at a temperature of 60°C/140°F.



Standard oven

170°C
HEATING TIME

25'-30'



Microwave oven

750watt
HEATING TIME

3'-4'

NUTRITION INFO PER 100g

ENERGY	FAT	of which SATURATES	CARBOHYDRATES	of which SUGARS	PROTEINS	SALT
697kj 167kcal	10.6g	3.3g	9.1g	2.1g	8.2g	0.87g
8*	15*	17*	4*	2*	16*	14*

«% adult RI per 100g RI = Reference intake of an average adult (8400kj/2000 kcal)»



SCAN ME

