



GREEK GASTRONOMY
TRAVELS IN A TRAY

SERVING SUGGESTION



PORK IN LEMON MUSTARD SAUCE

INGREDIENTS

Frozen pork shoulder, frozen diced onion, water, extra virgin olive oil, carrot, **MUSTARD SEEDS**, vinegar, sugar, salt, natural coloring: curcumin, stabilizer: xanthan gum, aromatic compounds), salt, **WHEAT** flour, natural lemon juice, garlic, oregano, black ground pepper, laurel leaves.

ALLERGENS STATEMENT

The product contains: **GLUTEN, MUSTARD.**

Allergens are marked in bold.



HO.RE.CA TRAY
(2000g / 70.548 Oz)
ALSO AVAILABLE IN
RETAIL TRAY
(330g / 11.64 Oz)



Take the container out of the deep freeze.
Pierce the plastic film in 4 spot.

HO.RE.CA TRAY



190°C/374°F
HEATING TIME

35'-40'



1800watt
HEATING TIME

13'

RETAIL TRAY



190°C/374°F
HEATING TIME

30'-35'



1000watt
HEATING TIME

8'

NUTRITION INFO PER 100g

ENERGY	FAT	of which SATURATES	CARBOHYDRATES	of which SUGARS	FIBRE	PROTEINS	SODIUM	SALT
784kJ 188kcal	13.0g	4.2g	1.4g	1.0g	0.7g	15.8g	347.8mg	0.88g
9*	19*	21*	1*	1*	-	32*	-	15*

*% adult RI per 100g RI = Reference intake of an average adult (8400 kJ / 2000 kcal)

SCAN ME



Times are indicative and may vary depending on the oven used, temperature of the food should be at least 75°C/167°F throughout.
At the end of the heating time, remove the plastic film.
The product after reheating is kept warm at a temperature of over 60°C/140°F.

AFTER THE INITIAL REHEATING DO NOT REHEAT