

PORK IN LEMON SAUCE WITH RICE

INGREDIENTS

Pork in lemon sauce: frozen pork shoulder, frozen diced onion, water, extra virgin olive oil, carrot, mustard (water, **MUSTARD SEEDS**, vinegar, sugar, salt, natural coloring: curcumin, stabilizer: xanthan gum, aromatic compounds), salt, 70% type flour (soft **WHEAT** flour, amylase, E300, E330), natural lemon juice, garlic, oregano, black ground pepper, laurel leaves. Rice: water, rice, frozen diced vegetable mix (green peas, carrots, green beans, flambé peppers, corn), extra virgin olive oil, **MUSTARD** (water, **MUSTARD SEEDS**, vinegar, sugar, salt, natural coloring: curcumin, stabilizers: xanthan gum, aromatic compounds), salt, black ground pepper, laurel leaves.



RETAIL TRAY
HO.RE.CA TRAY

ALLERGENS STATEMENT

The product contains: **MUSTARD, GLUTEN.**



Preparation and heating instructions

For heating purposes pierce the plastic film in 4 spots and heat in a standard oven or microwave. Following the heating time remove the plastic film. Temperature of the product should be at least 75°C/167°F throughout. The product is consumed warm at a temperature of 60°C/140°F.



Standard oven

170°C
HEATING TIME

25'-30'



Microwave oven

750watt
HEATING TIME

3'-4'

NUTRITION INFO PER 100g

ENERGY	FAT	of which SATURATES	CARBOHYDRATES	of which SUGARS	PROTEINS	SALT
734kj 176kcal	8.9g	2.6g	13.9g	0.8g	9.9g	0.78g
8*	12*	13*	5*	<1*	20*	13*

*% adult RI per 100g RI = Reference intake of an average adult (8400kj/2000 kcal)



SERVING SUGGESTION

SCAN ME

