

# STUFFED TOMATOES AND PEPPERS WITH RICE AND OVEN BAKED POTATOES



## INGREDIENTS

Rice-stuffed tomatoes & peppers: Tomatoes, green peppers, rice, water, tomato pulp (crushed tomatoes, tomato juice, acidity regulator: citric acid), extra virgin olive oil, tomato paste, frozen onions, parsley, salt, mint, dill, garlic, sugar, black ground pepper. Baked potatoes: fresh potatoes, tomato pulp (crushed tomatoes, tomato juice, acidity regulator: citric acid), extra virgin olive oil, salt, sugar, black ground pepper.

RETAIL TRAY  
HO.RE.CA TRAY



### Preparation and heating instructions

For heating purposes pierce the plastic film in 4 spots and heat in a standard oven or microwave. Following the heating time remove the plastic film.

Temperature of the product should be at least 75°C/167°F throughout. The product is consumed warm at a temperature of 60°C/140°F.



Standard oven

170°C  
HEATING TIME

25'-30'



Microwave oven

750watt  
HEATING TIME

3'-4'

## NUTRITION INFO PER 100g

ENERGY	FAT	of which SATURATES	CARBOHYDRATES	of which SUGARS	PROTEINS	SALT
993kj 238kcal	14.0g	2.1g	23.2g	5.8g	2.7g	0.96g
11*	20*	10*	9*	6*	5*	16*

\*% adult RI per 100g RI = Reference intake of an average adult (8400kj/2000 kcal)



SERVING SUGGESTION

SCAN ME

