



GREEK GASTRONOMY  
TRAVELS IN A TRAY

SERVING SUGGESTION

# TRADITIONAL GREEK MEATBALLS IN TOMATO SAUCE (SOUTZOUKAKIA)

## INGREDIENTS

Frozen traditional Greek meatballs [beef minced meat, pork minced meat, ground WHEAT rusk, water, onion, salt, black ground pepper, cumin, oregano, garlic powder, seasoning (salt, maltodextrin, aromatic compounds, spices)], tomato pulp (crushed tomatoes, tomato juice, acidity regulator: citric acid), frozen diced onion, tomato paste, extra virgin olive oil, water, sugar, salt, black ground pepper, garlic, basil.

## ALLERGENS STATEMENT

The product contains: **GLUTEN**.

The product may contain traces of: **MILK, MUSTARD, EGG, SESAME, SOY**.

Allergens are marked in bold.



**HO.RE.CA TRAY**  
(1800g / 63.493 Oz)  
ALSO AVAILABLE IN  
**RETAIL TRAY**  
(330g / 11.64 Oz)



Take the container out of the deep freeze.  
Pierce the plastic film in 4 spot.

### HO.RE.CA TRAY



**190°C/374°F**  
HEATING TIME **35'-40'**



**1800watt**  
HEATING TIME **12'**

### RETAIL TRAY



**190°C/374°F**  
HEATING TIME **30'**



**1000watt**  
HEATING TIME **8'**

## NUTRITION INFO PER 100g

| ENERGY           | FAT   | of which SATURATES | CARBOHYDRATES | of which SUGARS | FIBRE | PROTEINS | SODIUM  | SALT  |
|------------------|-------|--------------------|---------------|-----------------|-------|----------|---------|-------|
| 682kJ<br>163kcal | 11.4g | 4.4g               | 3.2g          | 2.8g            | 0.9g  | 9.8g     | 630.5mg | 1.60g |
| 8*               | 16*   | 22*                | 1*            | 3*              | -     | 18*      | -       | 27*   |

\*% adult RI per 100g RI = Reference intake of an average adult (8400 kJ / 2000 kcal)

## SCAN ME



Times are indicative and may vary depending on the oven used, temperature of the food should be at least 75°C/167°F throughout.  
At the end of the heating time, remove the plastic film.  
The product after reheating is kept warm at a temperature of over 60°C/140°F.

**AFTER THE INITIAL REHEATING DO NOT REHEAT**