

TRADITIONAL GREEK MEATBALLS IN TOMATO SAUCE WITH MASH POTATOES (SOUTZOUKAKIA)

INGREDIENTS

Traditional Greek meatballs in tomato sauce: frozen meatballs (beef minced meat, pork minced meat, ground WHEAT rusk, water, onion, salt, black ground pepper, cumin, oregano, garlic powder, seasoning (salt, maltodextrin, aromatic compounds, spices), tomato pulp (crushed tomatoes, tomato juice, acidity regulator: citric acid), frozen diced onion, tomato paste, extra virgin olive oil, water, sugar, salt, black ground pepper, garlic, basil. Mashed potatoes: Full fat cow MILK, water, mash potato powder, extra virgin olive oil, salt, black ground pepper, nutmeg.



RETAIL TRAY
HO.RE.CA TRAY

ALLERGENS STATEMENT

The product contains: **MILK, GLUTEN.**

The product may contain traces of: **MUSTARD, EGG, SESAME, SOY.**

Preparation and heating instructions

For heating purposes pierce the plastic film in 4 spots and heat in a standard oven or microwave. Following the heating time remove the plastic film. Temperature of the product should be at least 75°C/167°F throughout. The product is consumed warm at a temperature of 60°C/140°F.



170°C
HEATING TIME

25'-30'



750watt
HEATING TIME

3'-4'

NUTRITION INFO PER 100g

ENERGY	FAT	of which SATURATES	CARBOHYDRATES	of which SUGARS	PROTEINS	SALT
618kj 148kcal	8.9g	3.1g	11.2g	4.0g	5.4g	1.45g
7*	13*	16*	4*	4*	11*	24*

«% adult RI per 100g RI = Reference intake of an average adult (8400kj/2000 kcal)»



SERVING SUGGESTION

SCAN ME

