TRADIDIONAL GREEK MEATBALLS IN TOMATO SAUCE WITH RICE (SOUTZOUKAKIA)

INGREDIENTS

Traditional Greek meatballs in tomato sauce: frozen meatballs (beef minced meat, pork minced meat, ground WHEAT rusk, water, onion, salt, bladc ground pepper, cumin, oregano, garlic powder, seasoning (salt, maltodextrin, aromatic compounds, spices), tomato pulp (crushed tomatoes, tomato juice, addity regulator: citric add), frozen diced onion, tomato paste, extra virgin olive oil, water, sugar, salt, black ground pepper, garlic, basil. Boiled rice: water, rice, frozen vegetables mix (green peas, carrots, green beans, flambe peppers, corn), extra virgin olive oil, mustard (water, **MUSTARD SEEDS**, vinegar, sugar, salt, natural coloring: curcumin, stabilizers: xanthan gum, aromatic compounds), salt, black ground pepper, laurel leaves.

RETAIL TRAY HO.RE.CA TRAY

ALLERGENS STATEMENT

The product contains: GLUTEN, MUSTARD. The product may contain traces of: MILK, EGG, SESAME, SOY.

Preparation and heating instructions	Standard oven
For heating purposes pierce the plastic film in 4 spots and heat in a standard oven or microwave. Following the heating time remove the plastic film	170°C HEATING TIME
the plastic film. Temperature of the product should be at least 75°C/167°F throughout. The product is consumed warm at a temperature of 60°C/140°F.	750watt HEATING TIME

NUTRITION INFO PER 100g

ENERGY 658kJ 157kcal	FAT 8.4g	of which SATURATES 2.9g	CARBOHYDRATES 13.1g	of which SUGARS 1.9g	PROTEINS 7.2g	SALT 1.20g
7*	12*	14*	5*	2*	15*	20*

«% adult RI per 100g RI = Reference intake of an average adult (8400kj/2000 kcal)»

