## TRADITIONAL GREEK MEATBALLS IN TOMATO SAUCE (SOUTZOUKAKIA) WITH OVEN BAKED POTATOES INGREDIENTS

Traditional meatballs in tomato sauce: frozen meatballs [beef minced meat, pork minced meat, ground WHEAT rusk, water, onion, salt, black ground pepper, curnin, oregano, garlic powder, seasoning (salt, maltodextrin, aromatic compounds, spices), tomato pulp (crushed tomatoes, tomato juice, acidity regulator: citric acid), frozen diced onion, tomato paste, extra virgin olive oil, water, sugar, salt, black ground pepper, garlic, basil. Baked potatoes: fresh potatoes, extra virgin olive oil, mustard (water, MUSTARD SEEDS, vinegar, sugar, salt, natural coloring: curcumin, stabilizer: xanthan gum, aromatic compounds), natural lemon juice, garlic, salt, oregano, black ground pepper.

## **ALLERGENS STATEMENT**

The product contains: MUSTARD, GLUTEN. The product may contain traces of: MILK, MUSTARD, EGG, SESAME, SOY.

Preparation	Standard
and heating	oven
instructions	170°C
For heating purposes pierce the	HEATING
plastic film in 4 spots and heat in a	TIME
standard oven or microwave. Following the heating time remove the plastic film. Temperature of the product should be at least <b>75°C/167°F</b> throughout. The product is consumed warm at a temperature of <b>60°C/140°F</b> .	750watt HEATING TIME

## NUTRITION INFO PER 100g

ENERGY 658kJ 158kcal	FAT 9.2g	of which SATURATES 2.7g	CARBOHYDRATES 13.1g	of which SUGARS <b>3.2</b> g	PROTEINS 5.0g	SALT 1.45g
8*	13*	14*	5*	4*	10*	24*

«% adult RI per 100g RI = Reference intake of an average adult (8400kj/2000 kcal)»



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