

VEGETARIAN MOUSSAKA

INGREDIENTS

Potatoes, aubergines, full fat cow MILK, mushrooms, zucchini, sweet red peppers, 70% type flour (soft WHEAT flour, amylase, E300, E330), sunflower oil, frozen diced onion, liquid pasteurized whole EGG, extra virgin olive oil, water, grated KEFALOTYRI – hard CHEESE (pasteurized cow MILK, salt, lactic culture, rennet), feta CHEESE PDO (Greek pasteurized sheep and goat MILK, salt, lactic acid culture, rennet), salt, parsley, tomato pulp (crushed tomatoes, tomato juice, acidity regulator: citric acid), black ground pepper, nutmeg.



RETAIL TRAY
HO.RE.CA TRAY

ALLERGENS STATEMENT

The product contains: MILK, GLUTEN, EGG.



Preparation and heating instructions

For heating purposes pierce the plastic film in 4 spots and heat in a standard oven or microwave.

Following the heating time remove the plastic film.

Temperature of the product should be at least 75°C/167°F throughout. The product is consumed warm at a temperature of 60°C/140°F.



Standard oven

170°C
HEATING TIME

25'-30'



Microwave oven

750watt
HEATING TIME

3'-4'

NUTRITION INFO PER 100g

ENERGY	FAT	of which SATURATES	CARBOHYDRATES	of which SUGARS	PROTEINS	SALT
751kj 181kcal	13.0g	2.5g	12.1g	2.8g	3.8g	1.00g
9*	19*	13*	5*	3*	8*	17*

*% adult RI per 100g RI = Reference intake of an average adult (8400kj/2000 kcal)



SCAN ME

