



GREEK GASTRONOMY
TRAVELS IN A TRAY

SERVING SUGGESTION



VEGETARIAN PASTITSIO

INGREDIENTS

Full fat cow MILK, mushrooms, zucchini, thick macaroni (durum WHEAT semolina, water), sweet red peppers, sunflower oil, pasteurized whole EGG, WHEAT flour, frozen onion, extra virgin olive oil, feta CHEESE PDO (contains MILK), grated kefalotyri - Greek hard CHEESE (contains MILK), salt, tomato paste, parsley, black ground pepper, nutmeg.

ALLERGENS STATEMENT

The product contains: MILK, GLUTEN, EGG.

Allergens are marked in bold.



HO.RE.CA TRAY
(3000g / 105.822 Oz)
ALSO AVAILABLE IN
RETAIL TRAY
(330g / 11.64 Oz)



Take the container out of the deep freeze.
Remove the paper sleeve and plastic film (HORECA).
Pierce the plastic film in 4 spot. (RETAIL)

HO.RE.CA TRAY



180°C/356°F
HEATING TIME

55'



The product is not suitable for heating using a microwave oven

RETAIL TRAY



190°C/374°F
HEATING TIME

30'



1000watt
HEATING TIME

10'

NUTRITION INFO PER 100g

ENERGY	FAT	of which SATURATES	CARBOHYDRATES	of which SUGARS	FIBRE	PROTEINS	SODIUM	SALT
920kJ	14.7g	3.1g	16.1g	2.9g	1.5g	5.4g	506mg	1.26g
221kcal	11*	21*	16*	6*	3*	-	10*	21*

% adult RI per 100g RI = Reference intake of an average adult (8400 kJ / 2000 kcal)

SCAN ME



Times are indicative and may vary depending on the oven used, temperature of the food should be at least 75°C/167°F throughout.
At the end of the heating time, remove the plastic film (for RETAIL).
Allow the product to stand for at least 15 minutes (for HORECA) or 2-3 minutes (for RETAIL) before serving.
The product after reheating is kept warm at a temperature of over 60°C/140°F.

AFTER THE INITIAL REHEATING DO NOT REHEAT